



**Classes are FREE!!! You invited so please join us.
Support classes are available to patients, their family, & caregivers**

Life Enhancement Exercises with Roxanne (Tai Chi)

Sign up at the front desk or contact Sandra 480-855-2224

Gilbert Office: Start 4:30pm ~ July 5, 12, 26th ~ August 2, 16, 30th

Mesa Office: Class will resume in October please **join us in Gilbert**

Education & Support Program for Patients and Caregivers

Chandler Office: 10 AM First Monday of Every Month

Gilbert Office: 10 AM First Wednesday of Every Month

Mesa Office: 10 AM First Tuesday of Every Month

Look Good Feel Better Class

offered by the American Cancer Society

Sign up at the front desk or contact Sandra 480-855-2224

Chandler Office: Start 4pm July 11, September 12, November 7

Gilbert Office: Start 4pm July 18, September 19, November 21

Mesa Office: Start 4pm July 11, September 12

Nutritional Consultation

Chandler Office: Please see your Nurse or Medical Assistant for available dates

Mesa Office: Please see your Nurse or Medical Assistant for available dates

www.ironwoodcrc.com